

**LESSON**  
**7•12****Self Assessment**Progress  
Check 7

Think about each skill listed below. Assess your own progress by checking the most appropriate box.

Skills	I can do this on my own and explain how to do it.	I can do this on my own.	I can do this if I get help or look at an example.
1. Read and understand numbers written in scientific notation.			
2. Understand and use powers of 10.			
3. Understand and use exponential notation.			
4. Order and compare positive and negative numbers.			
5. Tell whether a number sentence is true or false.			
6. Understand and use parentheses in number sentences.			
7. Add and subtract positive and negative numbers.			
8. Understand and use order of operations.			